























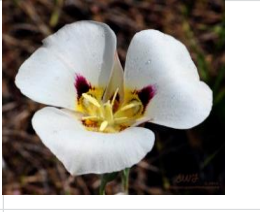




# Plant List for the 2019 AIHEC Plant and Herb Competition








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Broom Snake Weed ( Bill Tall bull plant lore mistaken it as "Golden Rod"	Me ski tse tse[1]	Gutierrezia sarothrae	
Bear Berry	No'Aneonotse[1]- No aneonotse[2]	Arctostaphylos uva-ursi	
Hawthorn Bush, Black	Na komins[1]- nahkohe meno[2]	Crataegus douglasii	
Rose Bush	Hih'nin[1]-Henene[2]	Rosa arkansana	
Arrow leaf plant (Balsomroot)	Hetane'hese'eotse[1]-Heshe'xovatovots	Balsamorhiza Sagittata	




Juniper Cedar	Wi'ivtsis to to[1]- Heshkove shestotoe[2]	Juniperus	
Stinging Nettle	Hotomostse[1]	Urtica dioica	
Wild Plums	Maxe'mins [1]- Maxe'menotse[2]	Prunus Americana	
Yucca	Hest'ah pan'e stse[1]-Hestahpanoe[2]	Yucca Glauca	
Wax Current	He wov he sta sti mintse[1] Ma'ke'menotse[2]	Ribes Cereum	
Black Current	He wov he sta sti mintse[1] Ma'ke'menotse[2]	Ribes Nigrum	
Sticky Current	He wov he sta sti mintse[1] Ma'ke'menotse[2]	Ribes Viscosissimum	
Self heal – Heal all	Maxe'hese'eostse[1]	Lomatium	

Gardners Yampah	Ain'novi'tos[1]- Ano nevee'tose[2]	Perideridia gairdneri	
ChokeCherry	Menes[1]- Menotse[2]	Prunus virginiana	
Purple cone flower	Mohkta' wise'eyo[1]Mo'ohta Heseeootse[2]	Echinacea pallida (Var) angustifolia	
Shrubby Cinquefoil (Contrary medicine)	Hoh'noka'hese'eotse[1]- Vano emoxeshe hohpe[2]	Potentilla Fruticosa	
Western Yarrow	He'haehe'seotse[1]- Hehaa Heseeootse[2]	Achillea millefolium	
Red Willow	Makoom'eeheso[1]- Menokeoo[2]	Cornus stolonifera	
Horse mint	wi' us ki mohk'shin[1]Voike'moxshene[2]	Monarda fistulosa (Var) menthifolia	

Hemorrhage medicine (Woodland Pinedrops)	Matu' minis'to'se'e'yo[1]- Matomene heseootse[2]	Pterospora andromedea	
Puff Ball	Hoh poa-Hehpano[1]	Lycoperdon	
Sego Lily	Ehka I ni kan[1]-Exaa no kane[2]	Calochortus Gunnisonii	
Indian Breadroot (turnip)	Mo ohta eno[2]	Psoralea esculanta	
Saskatoon Service Berry	Hetane'menes[1]- hetane'menotse[2]	Amelanchier alnifolia	
Broadleaf CatTail	Vetan'oestse[1]-Voheneotse vo'e[2]	Typha latifolia	
Elk thistle	Heskovo'estse[1]-Heshkovoestse[2]	Cirsium edule	
American Elm	Homenoe[2]	Ulmus americana	

Shepards Purse	He'hae'eseotse[1]-Otata'v'heseootse[2]	Capsella bursa-pastoris	
Great (Cuman) Ragweed	Mohktae'vanoetse	Ambrosia trifida	
Showy Milkweed	Ma'bonai'wotse[1]- Matanaa'voetse[2]	Asclepias speciosa	
Common Sneezeweed	Hetom'mostse[1]	Helenium autumnale	
Lambsquarters (Salt sage)	Vohpo'matse'Vanoetse	Chenopodium album	
Big Willow	Maxe'menok'e[1]	Salix exigua	
Horse mint	wi' us ki mohk'shin[1]Voike'moxshene[2]	Monarda fistulosa (Var) menthifolia	

Lichen	He yo votse- Me' hasetoeve	Evernia Vulpina	
Flea Bane ( Pink medicine)	Ma hom' a uts is se' e ao[1]- Ma'oma ohtse heseootse[2]	Erigeron peregrinus (ssp) callianthe	
Sun Flower (jerusalem artichoke)	Heso'xeho'enose[1]-Hoe'noono[2]	Helianthus tuberosus	
Awlfruit Sedge	Hes'ko'vov'otse[1]- Mehne mehnoestse[2]	Carex stipata	
Richardson's Geranium	Mato'mene'hese'eotse[1]- Matomene'voestse[2]	Geranium richardsonii	
Common Cow Parsnip	Hestap'e'ano'estse[1]-Hetahpenono estse[2]	Heracleum lanatum	
Mountain BlueBells	Otatav'hese'eotse[1]	Mertensia ciliata	

Green Ash	Moto'eo[1]- Motoe[2]	Fraxinus Pennsylvanica	
Spotted JoePye Weed	Nesh'oe'seeotse	Eupatorium maculatum	
Common Spike rush	Hexov'avo'estse[1]	Eleocharis palustris	
FireWeed (Red root plant)	Ma'eheseotse[1]- Mae'heseootse[2]	Epilobium angustifolium	
Sweet Root ( Sweet root)	Mata'm hao'e[1]- Mahtamaaahe[2]	Osmorrhiza Chilensis	
Lodgepole Pine	Sesteto'e[1] Hooxe e [2]	Pinus contorta	



Grouse Whortleberry	Mahk'e Menes[1]- Ma'ke menotse[2]	Vaccinium scoparium	
Sweet Flag ( Bitter Medicine)	Wi uhk is e eyo[1] Ve ohke' heseootse[2]	Acorus calamus (araceae)	
Rattlesnake medicine (Yellowcone flower)	Shi'shin'o'wwts'tse'i'yo[1]- She'shenovotse'heseootse[2]	Ratibida columnifera	

## Resources

(1)The Plant lore of the Northern Cheyenne Northern Cheyenne Nation by William TallBull

(2) The Ethnobotany of the Northern Cheyenne Indians of Montana

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**REGISTRATION FOR COMPETITION CLOSSES**

**JANUARY 31, 2019**